

August 2026

LUNCH MENU

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2	3	4	5	6	7	1/8
9	10					15
16	17	18	19	20	21	22
			<p>Hot Ham & Cheese on a Bun Potato Wedges Broccoli Florets Fruit Cocktail Blueberries (9-12) Milk</p>	<p>Pepperoni Pizza Tossed Salad Cherry Tomatoes Chocolate Chip Cookie Fresh Orange Pear (9-12) Milk</p>	<p>Chicken Patty Whole Wheat Roll & Honey Mashed Potatoes & Gravy Steamed Asparagus Sliced Pears Grapes (9-12) Milk</p>	
23	24	25	26	27	28	29
	<p>Chicken Nuggets Seasoned Brown Rice Asian Fresh Vegetables Cherry Tomatoes Celery Sticks Tropical Fruit Blueberry (9-12) Milk</p>	<p>Super Nachos Garden Salad Refried Beans Fresh Mixed Fruit Cup Mandarin Orange (9-12) Milk</p>	<p>Cheese Pizza Breadsticks w/ Marinara Sauce Seasoned Corn Tossed Salad Fresh Kiwi Pear (9-12) Milk</p>	<p>Pulled Pork Sandwich Creamy Cole Slaw Baked Beans Fresh Strawberries Peaches (9-12) Milk</p>	<p>Rock & Roll Beef Wrap Steamed Carrots Pineapple Cherry Crisp Broccoli Slaw Cherry Applesauce (9-12) Milk</p>	
30	31	<p>Note:</p> <p>* Participating in sports can build your child up... or drag them down. Make athletics a positive experience for your youngster with these strategies:</p> <p>* Encourage them to set goals - but make sure goals are realistic. They might aim to touch the ball three times during a game or try a move that they've been working on.</p> <p>* Avoid comments about your youngster's size or body. Concentrate on the friends they are making, the places they are playing, and the effort they are putting forth ("I love how you tried to get the rebound").</p>				
	<p>Chicken Tetrizzini Garlic Bread Tossed Salad Seasoned Peas Peaches Raspberry (9-12) Milk</p>					